YOGA VOLUNTEER CERTIFICATION

Age: upto 75 Years

No bar on qualification, training or experience

5 Years Validity

36 Hours of Training

80% Attendance is Compulsory



BENEFIT TO AYUSH YOGA CERTIFICATION REGISTRATION CENTRE

- Become an Entrepreneur and Open Door to Unlimited Earning Potential
- Revenue from Training
- Large Target Audience
- Marketing Support
- Mobile App for Attendance
- Free Training Content
- Upselling to Teacher Training Programs
- Referral Marketing
- Regular Stream of Income



MARKETING

One Month Yoga Training with learning content, assessments, assignments etc.

- •Understanding about Fundamental, History, Philosophy of Yoga
- •Basic movements and Asanas that help in depression, anxiety, concentration, diabetes, thyroid, asthma, weight management, blood pressure etc.
- •Kapalbhati, Neti, Tratak, Ujjaye Pranayam
- •Boost your energy levels
- •After completion of training Certificate by Ministry of AYUSH, Government of India will be awarded.

For further details contact at **<your** mobile no.>









STRUCTURE OF TRAINING (TOTAL 36 HOURS)

• Lives Classes : 20 Hours

• Self Learning

• Study Material :13.3 Hours

• Videos : 1.5 Hours





SYLLABUS

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- II. Sadilaja/Calana Kriyas/Loosening Practices
- III. Yogasanas Standing Postures
- IV. Yogasanas Sitting Postures
- V. Prone Postures
- VI. Supine Postures
- VII. Kapalabhati
- VIII. Ujjai, Tratak

FEE STRUCTURE

Certification	YCB Fee	PQMS Fee	Total Fee	GST	Total Fee (Including GST)
Yoga Volunteer	100	350	450	81	Rs. 531

- Training Fee to be decided by AYUSH Yoga
 Certification Registration Centre and taken directly from Candidates.
- Recommended fee is Rs. 1999/- (inclusive of certification fee)

CERTIFICATION PROCESS

- Prepare batch of Candidates for Yoga Volunteer
- Deposit payment of batch @ Rs. 531/- per person at url given at https://www.yogaexam.in/yvbatch
- Send detail of Batch in Excel File and payment deposited to support@qualityindia.in
- Ask Candidates to fill their details on <u>https://www.yogaexam.in/yvbatch</u>
- Provide Training to Candidates of 36 Hours
- Send us Undertaking of Attendance in format
- Certificate issuance in 7 15 days

FEE DEPOSIT PROCESS

o Visit https://www.yogaexam.in/yvbatch

• Online : Click on Link

• Offline : Deposit in Bank Account and share receipt

YOGA VOLUNTEER

- · Select the CP Code as alloted to you and Unique Batch ID for every batch
- You can make payment of fee for complete batch through Credit Card/Debit Card/Net Banking/PayTM by Clicking Here
- You can also make payment through NEFT/RTGS/Cheque/DD in following bank account
 - Account Holder: PQMS Quality Services Private Limited
 - Account No: 50200024468392
 - Bank Name: HDFC Bank Ltd
 - IFSC Code: HDFC0000634
- Fee once paid is non-refundable and non-transferable.
- Email the Centre ID, Batch ID, Batch Start Date, Batch Timings, Candidate Name, Mobile, Email id to operations@qualityindia.in along with payment details

BATCH DETAILS SUBMISSION

• Your CC Code : CC0001

Your CC Name : Institute / Trainer Name

• City : Ludhiana

State : Punjab

• Batch Code : 1

• Batch Timings : 8 to 9 am

Candidate Name : Meena

· Candidate Adhaar No.: 675327889765

• Email to us at support@qualityindia.in along with payment proof (Rs. 531 per candidate)

	А	В	С	D	Е	F	G	Н	1
1	CC Code	CC Name	City	State	Batch Code	Batch Start Date	Batch Timings	Candidate Name	Candidate Adhaar No.
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REGISTRATION PROCESS FOR CANDIDATES

• Visit https://www.yogaexam.in/yvbatch

• CC Code : As provided by us, exam. ex. CC001

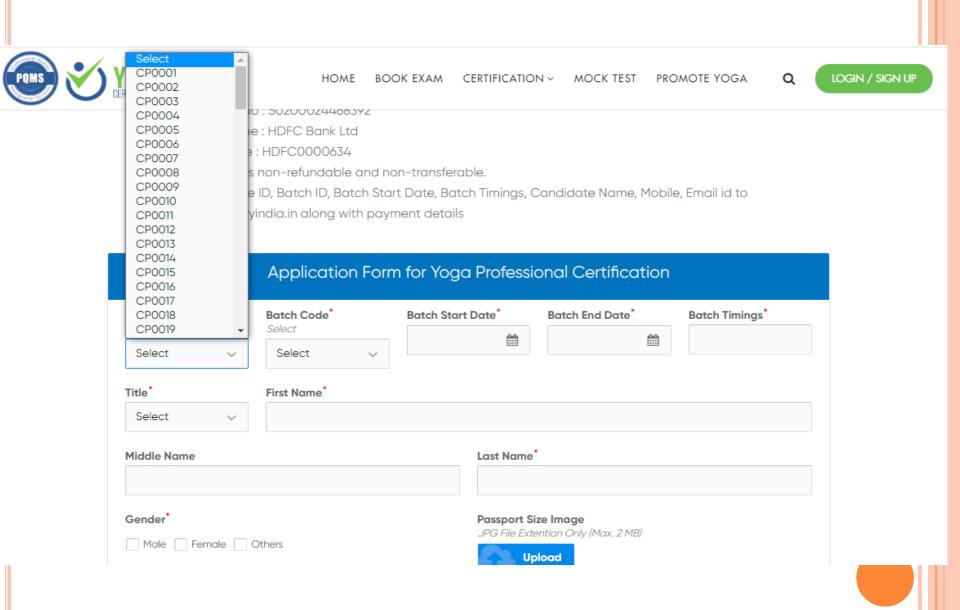
• Batch Code : 1 for 1st batch and onwards. Ex. 1

• Batch Start Date: Class Start date ex. 24/04/2021

• Batch End Date: Class End date ex. 30/4/2021

• Batch Timings : Live/offline Class Time ex. 8 to 9 am

- Upload Following Documents of Candidate in jpg format
 - Passport Size Photo
 - Adhaar Card of candidate
- * Candidate can fill the above form by him/herself



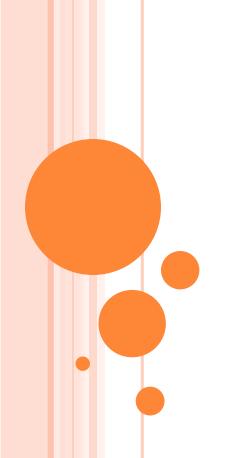
ATTENDANCE UNDERTAKING

Submit Undertaking as attached in email

CERTIFICATION

- Soft copy of Certificate through e-mail
- Within 7- 15 days of submission of Undertaking of completion of Training





THANK YOU

Contact at 7009519815 enquiry@qualityindia.in